**2**

**How can wearable technology evolve in the future to increase human-to-human interaction?**

1. LIFE BAND/ FLOW: In a busy new world where people have resorted to heavy use of technology to stay in touch with each other, has done more bad than good.

Lack of human interaction and non-verbal communication has given rise to social alienation and isolation. Research suggests that if our needs for social relationships are not met, we may fall apart physically and mentally. Lack of communication also results in misunderstanding and frustration in the long run also gives rise to Divorce, Break ups and bad family relationships.

The \*\*\* band is a revolutionary tech wristband that schedules an optimal amount of physical human interaction in order for us to be happy and functional.

\*It works as a daily planner

\*It schedules daily meeting with friends or family for short meet up sessions.

\* It evaluates your daily schedule to find breaks where messages are sent to family members or friends nearby to set up meetings ahead of time.

\* It sets a bar and sends us notifications when those needs are met, or sends warnings when our social interaction meter is dangerously low.

\*For families who use this band it schedules family vacations or short trips to enhance our family life. (By evaluating everybody’s schedule)

\* It sets up weekly/monthly goals for busy/working couples; date nights, meeting up for coffee breaks at work (when both parties are free)

\*It keeps us up to date on our spouse’s mood by connecting with their bands and letting us know how they’re doing today. (Based on daily activity schedule)

\* Encourages physical activity by getting up and moving to go to places instead of being on phones or communicating through Facebook or other social media at the desk, or nudging us with reminders to take our pets out for a walk.

Relationships often fall apart because of misunderstandings and ego. In case of ego, even when we realize that the relationship needs a vacation or fun time, we don’t want to take the step and plan it. But when the device tells you to do something, gives you ideas for more interaction, based on data collected from 2 bands over time, its not so bad ! It makes you want to get involved in the interation more.

Having this kind of information not only helps us know how those around us are doing but also prevents miscommunications and promotes physical human interaction thereby making the quality of our life better.

\*Human interaction crucial to Language, speech, communication development in children.

\*Improves quality of Life.

One may argue that by doing this we are once again conditioning ourselves to be dependent on technology but this wristband provides us with the assurance of healthy physical social interactions (meetings, hangouts) while also offering a nice flow in our day-to-day schedule without the hassle of bothering someone when they are busy.

**2**

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Design Jam 2- Wearable Technology

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**KEYWORDS**

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**PROJECT DESCRIPTION**

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**OBJECTIVES**

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**CONSIDERATION**

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**FEATURES**

o

**USER GROUP**

Adults